

RISK	WHO IS AT RISK	PROCEDURES IN PLACE
<p>Getting or spreading coronavirus by not washing hands or not washing them adequately</p>	<p>Dance teacher and participants</p>	<ul style="list-style-type: none"> <li>- Require participants to wash hands before and after dance class.</li> <li>- Provide information on how to wash hands properly and display posters</li> <li>- If participants can't wash hands, provide information about how and when to use hand sanitizer.</li> <li>- Identify how you are going to replenish hand washing/sanitising facilities.</li> </ul>
<p>Getting or spreading coronavirus in common use high traffic areas</p>	<p>Dance Teacher, participants &amp; Parents collecting children</p>	<ul style="list-style-type: none"> <li>-Use markings and introduce a one-way flow at entry and exit points, and considering how social distancing markers can be made as accessible as reasonably practicable.</li> <li>-Markings of 2m by 2m for each participant. With consideration to type of activity, static or not, then consider space between the 2m boxes.</li> <li>-Markings could possibly be 3m by 3m</li> </ul>

		<p>if classes are physically demanding and will require high exertion from dancers.</p> <ul style="list-style-type: none"> <li>-Encourage participants to wear dance kit to the class to reduce time spent getting changed</li> </ul>
<p>Type of Activity Particular dance activities contributing to the risks of coronavirus spreading</p>	<p>Dance teachers and participants</p>	<ul style="list-style-type: none"> <li>-Consider increasing aerobic strength and capacity through specific dance fitness classes to enhance lung capacity of the participants to aid against upper respiratory tract infections such as Coronavirus.</li> <li>-Consider returning to basics and drill technique awareness in exercises.</li> <li>-Consider warm-ups specific to your learning outcome.</li> <li>-Consider classes that include a wellbeing element. Especially for students in school where guidance specifically recommends activities for increase in wellbeing and physical health.</li> <li>-Refrain from contact work or close contact partner work.</li> </ul>

<p>Getting or spreading coronavirus by not cleaning equipment</p>	<p>Dance teacher and participants</p>	<p>-Resources that are shared between classes or bubbles should be cleaned frequently and meticulously and always between bubbles of students or participants, or rotated to allow them to be left unused and out of reach for a period of 48 hours (72 hours for plastics) between use by different bubbles or classes. -Only the teacher to access music systems.</p>
<p>How participants arrive to dance</p>	<p>Dance teacher and participants</p>	<p>-Avoid using public transport, and aim to walk, cycle, or drive instead. If using public transport is necessary, wearing a face covering is mandatory, unless you are exempt for health, disability or other reasons. -Staggering arrival and departure times to reduce crowding into and out of the premises or venue. Consider timetabling in entrances and exits. -Using markings and introducing oneway flow at entry and exit points and</p>

		<p>considering how social distancing markers can be made as accessible as reasonably practicable.</p> <p>-If teaching under 18s then parents must be informed beforehand how and when students will arrive and leave for dance. Create an outdoor pick up point if possible but maintaining that children and young people are always supervised.</p> <p>-Aim to have paperless correspondence with participants including cashless payments, online letters and timetables and so on.</p> <p>-In an emergency, for example, an accident, provision of first aid, fire or break-in, people do not have to stay appropriately distanced if it would be unsafe. People involved in the provision of assistance to others should pay particular attention to sanitation measures immediately afterwards including washing hands.</p>
Mental health	Dance	

<p>and wellbeing affected through Fear of covid-19</p>	<p>teacher and participants</p>	<p>-Talk openly about the possibility that they may be affected and tell them what to do to raise concerns or who to go to so they can talk things through. - Keep parents updated on what is happening so they feel involved and reassured.</p>
<p>Dance teachers and participants spreading coronavirus if they are not aware of symptoms</p>	<p>Dance teacher and participants</p>	<p>-Communicating ahead of arrival and on arrival the guidance about who should self-isolate.</p>